



APPENDIX A - CLUB RESPONSIBILITY

All Colorado Soccer Association clubs must follow the guidelines as listed below:

- All clubs will maintain accurate and timely registers of all participants at training or games.
- Each club will designate one individual who will be responsible for maintenance of registers, fulfillment of COVID-19 obligations per CSA, and knowledgeable of the current local safety limitations and current health necessities.
- Clubs will provide, as necessary, hand sanitizer for each location of training and games for players, coaches, and spectators.
- Clubs will follow local guidelines for the number of participants per group. Teams may be split into small groups to meet the necessary restrictions.
- Clubs work with individual teams to focus on team skill-building drills whenever possible.
- Clubs will implement a weekly At-Home health assessment which is required prior to returning to the fields each week. This health assessment, an example outlined in Appendix L, will not be required to be turned in, but rather a reminder to check each individual's health on a weekly basis.
- Clubs will suggest scrimmages be within teams only.
- Clubs will suggest teams limit time players spend in close proximity by playing contact in game-time situations.
- Clubs will work with local municipalities and private locations to display COVID-19 facts and considerations for all participants attending training or game events.
- Clubs will close shared spaces, such as locker rooms, and if possible, stagger use, and clean and disinfect between uses.
- Clubs will line the fields to keep spectators at a minimum, eight feet back from the sideline.
- Clubs will suggest to all spectators that social distancing standards be maintained while spectating at events.
- Clubs will work to stagger training and game times, limiting the number of individuals present or passing at events.
- Clubs will suggest parents work to limit carpools and that any carpools that must be maintained be limited to players on the individual player's own team.
- Clubs will suggest to all players, coaches, referees, and spectators to use masks when possible.
- Clubs will suggest, when possible, that attendees use the bathroom before attending any event, but when necessary, Club's will work with sanitation companies to increase rate of cleaning for bathroom utilities.
- Clubs will suggest that all non-essential visitors stay in cars or not attend.
- Clubs will work to keep programs from traveling outside their geographic area.
- Clubs will limit training to no more than 12 players per 7v7 size field, or 20,000 sq/ft of space.

- All Clubs will designate a COVID coordinator for each club with the role description outlined in Appendix N
- Each Club will designate a COVID responsible person from the team that will keep club management informed of areas of concern at the team level.
- Each Club will complete and submit to CSA a completed Risk Assessment Template as noted in Appendix M in accordance with timing dictated by Colorado Soccer Association.



APPENDIX B - PLAYER RESPONSIBILITY

All Colorado Soccer Association clubs will communicate to their players and members the following approved CSA guidelines:

- Any player who is not feeling well, having a fever at or higher than 100.4, or exhibiting any signs or symptoms of COVID-19, including mild to severe respiratory illness with fever, and/or difficulty breathing, or other symptoms identified by the CDC, is not allowed to participate. Additionally, any player who has been in contact with someone who has tested positive for COVID-19 may not attend training.
- Avoid high fives, handshakes and any form of touching.
- Maintain a minimum of six feet social distancing throughout training, if possible.
- Players should wear masks when not actively training, including while coming to or leaving the field. Players are allowed to wear mask while training, but this is a personal choice and is not mandatory.
- While not actively participating, maintain six feet of social distance. It is suggested that team benches not be used, or that cones be placed in-between seats on team benches.
- Player should use hand sanitizer before practice, during breaks, and after practice. Each club will make sanitizer available to coaches and players and it is recommended that players have individual containers as well.
- All players should bring their own ball and avoid sharing it as much as possible. All balls should be sanitized after each practice or game.
- It is recommended to wash all uniforms after each training session or game.
- No sharing of water bottles or food. Bring your own water, as water fountains and water stations will not be available.
- Only coaches are to move team equipment such as cones, training poles, goals, etc. • No spitting! This includes goalie gloves.
- No sharing of scrimmage vests (pinnies). All players should bring a dark shirt and a white shirt to each training session so that they are able to change teams without sharing of vests. Girls should wear a tank top or t-shirt under their training shirt so they may comfortably switch.
- No congregating before or after practices or games is allowed. Practice and game times should be staggered to allow for social distancing between entrance and exit of teams.



APPENDIX C - COACH RESPONSIBILITY

All Colorado Soccer Association clubs will communicate to their coaches the following approved CSA guidelines:

- Any coach who is not feeling well, having a fever at or higher than 100.4, or exhibiting any signs or symptoms of COVID-19, including mild to severe respiratory illness with fever, and/or difficulty breathing, or other symptoms identified by the CDC, is not allowed to participate. Additionally, any player who has been in contact with someone who has tested positive for COVID-19 should not attend training.
- Coach should stay up to date and comply with local, regional and national guidelines for the appropriate number of people in one group, and the size of the group.
- Coaches will avoid high fives, handshakes and any form of touching where possible and support the team in doing the same.
- Coaches must maintain a minimum of six feet social distancing throughout training and games, if possible.
- It is suggested that coaches wear a mask at all times during training.
- Coaches should not provide team benches.
- Coaches should use and make available to players hand sanitizer before practice, during breaks, and after practice. Each club will make sanitizer available, but we recommend having some of your own as well.
- Coaches should avoid as much as possible shared equipment (soccer balls, cones, etc.) and sanitize any shared equipment during breaks and after each practice or game.
- Coaches will not share water bottles or food with players.
- Only coaches are to move team equipment such as cones, training poles, goals, etc. After each practice or game in which it is used it should be sanitized.
- Coaches will not share scrimmage vests (pinnies).
- Coaches are only allowed practice or play on fields on which they have municipal or private property permission.
- Coaches should plan practice activities that minimize levels of contact. If families are not comfortable with training activities, they may opt out without penalty.
- Coaches should track (written) attendance at all practices and games. If there should be a player who tests positive for COVID-19, this information will be required for appropriate contact tracing by local health officials.



APPENDIX D - PARENT RESPONSIBILITY

All Colorado Soccer Association clubs will communicate to their parents the following approved CSA guidelines:

- Any player who is not feeling well, having a fever at or higher than 100.4, or exhibiting any signs or symptoms of COVID-19, including mild to severe respiratory illness with fever, cough and/or difficulty breathing, or other symptoms identified by the CDC, is not allowed to participate. Additionally, any player who has been in contact with someone who has tested positive for COVID-19 should not attend training. It is vital that each parent enforces this!
- Assure player is aware of all responsibilities around COVID-19 restrictions and is prepared to adhere to them.
- Currently, no spectators are allowed at training. Parents should drop off players no sooner than five minutes prior to the beginning of practice and arrive at least five minutes prior to the end of practice to allow players to leave promptly.
- It is recommended to wash all uniforms after each training session or game.
- Parents should make sure their player has adequate water, food, or other items needed through practices or games. Clubs will not provide water stations and sharing of water bottles and food is not allowed.
- Assure that your player comes prepared to each training session with a dark shirt, a light shirt, and for girls wearing an undershirt as well. No sharing of training vests (pinnies) is currently allowed.
- It is strongly recommended each player bring their own hand sanitizer as well.
- Parents are not allowed to congregate before or after practices or games.



APPENDIX E - REFEREE RESPONSIBILITY

All Colorado Soccer Association clubs will communicate to their referees the following approved CSA guidelines:

- CSA will work with referees to help them enforce appropriate sideline social distancing
- Any referee, instructor, mentor or assessor who is not feeling well, having a fever at or higher than 100.4, or exhibiting any signs or symptoms of COVID-19, including mild to severe respiratory illness with fever, and/or difficulty breathing, or other symptoms identified by the CDC, is not allowed to participate.
- Any referee, instructor, mentor or assessor who has been in contact with someone who has tested positive for COVID-19 should not participate in assigned matches, trainings or education sessions.
- Referees, instructors, mentors and assessors should stay up to date and comply with local, regional and national guidelines for the appropriate number of people in one group, and the size of the group.
- Referees will avoid high fives, handshakes and any form of touching where possible and support the team in doing the same.
- Referees, instructors, mentors, and assessors must maintain a minimum of six feet social distancing throughout training, games and postgame conferences, if possible.
- Referees should use hand sanitizer before games, during breaks, and after games. CSA recommends referees should have their own supply of hand sanitizer and, when possible, disinfecting wipes.
- Referees should avoid as much as possible sharing equipment (jerseys, flags whistles.) and sanitize any shared equipment during breaks and after each game. Each referee should have their own complete set of required equipment – flags, whistle, watch, etc. to avoid sharing of equipment
- Referees will not share water bottles or food with anyone – other referees, players, coaches, spectators.
- Referee will not share referee jerseys
- Referees are only allowed to work on fields where they have been assigned by a certified assignor.
- Referee instructors should plan training activities that minimize levels of contact. If referees (or referee's parent/guardian for those under age 18) are not comfortable with training activities, they may opt out without penalty.
- No congregating before or after education sessions or games is allowed. Post-game required referee activities should maintain social distancing requirements or be conducted via electronic communication. • Referee assignors should track (written/electronic) referee attendance at all games. Instructors should track (written) referee attendance for all trainings, educational sessions. If there should be a referee or any other participant who tests positive for COVID-19, this information will be required for appropriate contact tracing by local health officials.

Game management:

- Only 1 captain per team for coin toss with referee only, maintaining as much social distancing as possible
- It is suggested that assistant referees wear a mask at all times during games, center officials may or may not wear a mask during the game, however pre- and post-game, all referees, instructors, mentors and assessors should wear a mask.
- Officials should NOT stay in the technical area during half time but move away from players, coaches and spectator
- If two players get into a “tussle” (hug, mutual shoving, face-to-face yelling, wrestling,) they must both leave the field and be sanitized, irrespective of any misconduct.
- A player sneezing can be required to leave the field – much like signs of a concussion – until the sneezing stops and the player has sanitized hands, etc.
- Center official may use electronic whistle or traditional whistle, as preferred, but must demonstrate such devices to coaches and players prior to game.



APPENDIX F - FACILITY RESPONSIBILITY

All Colorado Soccer Association clubs will communicate and work with local private and municipal facilities to follow the approved CSA facility guidelines:

- All non-synthetic fields will have lines painted down the spectator side no closer than eight feet from the sideline. This line will keep all spectators a minimum of six feet from the linesman and players.
- All fields will have dots for spectators spread across the sidelines spread no closer than six feet apart.
- All port-a-lets and outhouses must be cleaned twice per week.
- All facilities should have sanitation available for all spectators, players, referees, and coaches.
- No changing rooms or showers are to be open for use. • All drinking fountains must be disabled for club use.
- All equipment, including goals must be sanitized between games.

All youth soccer facility and field entrances must include signs with messages similar to the ones below, articulating to spectators, coaches, players, and referees:

- That social distancing among all attendees is required.
- Face masks are encouraged for all attendees.
- All are urged to use hand sanitizer before and after games and training.
- That elderly and more susceptible individuals are urged to stay away from training and games.
- That all attendees should thoroughly wash hands when getting home.
- Failure to follow regulations may limit spectators or future sport participation.

